

NYS COLLECTION® EYEWEAR

Reading Glasses Strength Test



Print this file at Actual Size using 100% scale.



Hold the page approximately 12-14 inches away from your face.

Continue testing your sight until you can **clearly** read a full line.

When you can clearly read a line, stop and look to the strength listed for that line. The strength listed is the proper strength you'll need for your reading glasses.

Strength

+1.00

If you can read this, 1.00 is the proper strength for you.

+1.25

If you can read this, 1.25 is the proper strength for you.

+1.50

If you can read this, 1.50 is the proper strength for you.

+1.75

If you can read this, 1.75 is the proper strength for you.

+2.00

If you can read this, 2.00 is the proper strength for you.

+2.25

If you can read this, 2.25 is the proper strength for you.

+2.50

If you can read this, 2.50 is the proper strength for you.

+2.75

If you can read this, 2.75 is the proper strength for you.

+3.25

If you can read this, 3.25 is the proper strength for you.